Strengthening Community. Eliminating Barriers.

Creating Opportunity.

Senior Resources

<u>County</u> <u>County</u>

8800 Highway 7 Suite 401 St. Louis Park, MN 55426 952-933-9639

Reverse Mortgage counseling, food support application assistance, financial security workshops, energy assistance, legal services, home rehab & maintenance, and tax preparation assistance.

Jewish Family & Children's Service

5905 Golden Valley Rd Golden Valley, MN 55422 952-546-0616

Couseling services, adult day program, meals on wheels, reverse mortgage counseling.

Lutheran Social Services

Various Locations 1-800-582-5260

Caregiver support, food assistance, help in your home, managing finances, legal and advocacy services.

PROP

14700 Martin Drive Eden Prairie, MN 55344 952-937-9120 Nutrition Assistance Program

Nutrition Assistance Program for Seniors, holiday gift program, programs for adults with disabilities.

Senior LinkAge Line

1-800-333-2433

Free statewide information and assistance service for Seniors. Connects seniors with: Financial Assistance, Home Care, Housekeeping and Chore services, Indian Elder Program, Legal Assistance, Long-term Care Ombudsman, Meal Delivery and Nutrition, Transitional Consultation, Transportation.

Senior Community Services

10201 Wayzata Blvd., Suite 335 Minnetonka, MN 55305 952-541-1019

Senior Community Services is a nonprofit provider of senior and caregivers services in Mound. Senior Community Services programs include: Senior Outreach & Caregiver Services, CareNextion Care Coordination Tool, Household and Outside Maintenance for the Elderly (HOME), Medicare Insurance Counseling, Senior Partners Care.

Sabathani Community Center

310 East 38th Street, Room 211 Minneapolis, MN 55409 612-821-2396

Senior Independent Living Center for adults 50+ to receive services and have social engagement on a regular basis. The Center offers a weekly nurse clinic, a podiatry clinic, flu shots, fitness classes, diabetes prevention education, a danceline, ceramics, tax filing, legal resources and plenty of fun, social activities.

Sholom

Various Locations
952-935-6311
Provides full range of housing& healthcare options for seniors.

Tubman

Crisis Line: 612-825-0000 612-825-3333

Advocates for and educate elders and adults with disabilities; caregiver support and education, financial exploitation.